Strategy 1: PASSION

What are some of the passions God has gifted you with?

What makes you excited to wake up in the morning?

What drives you to serve God?
Have you lost your passion for God?

Have you recently had a time in your life where God seems distant?

Write a prayer asking God to help you find your passion.
Strategy 2: **FOCUS**

What areas in your life are you struggling with?

Do your struggles distract your from your life?

Below list all of your struggles.
Next to each struggle list who or what is causing that struggle.
Read Ephesians 6:10-18

Are there any pieces of armor you need help sharpening?

Put on the full armor of God so that you can take your stand against the devil's schemes. (EPHESIANS 6:11)

Write a prayer asking God to help you with your struggles.
Strategy 3: IDENTITY

Make a list of what you believe about yourself.

Read Ephesians 1:1-23; 2:1-10

List what God thinks about you.
How does your list contradict what is on God’s list?

Write a prayer asking God to show you how to see yourself the way he sees you.

Activity: In your group, using index cards, write down one thing you love about each woman in the group and sign your name. Before leaving the group, pass out the cards and send each woman home with her stack of index cards.
Strategy 4: FAMILY

If married: Write a private list where you are struggling in your marriage and areas you need to pray for. (we won’t share these)

If single: Make a list of important characteristics you desire in a relationship and pray for that.
If you have children, use the space provided or separate journal pages to list each child. List their name, strengths, weaknesses, and any area you see your child struggling with. Pray fervently.

Add pages for any relationships within your family that you are struggling with and pray fervently to God for those relationships.
Strategy 5: PAST

Read these bible verses and reflect on them:
Zechariah 3:1
Revelation 12:10
Ephesians 6:14-18

Pray and ask God for forgiveness on any secrets or lies you have kept to yourself. You are free. You are forgiven. It is in the past.

Write down any lies Satan tells you because of your past.

Do you see any patterns between your shame & Satan’s lies?
Do you see any connections between past mistakes & present temptations?

Write a prayer asking God to free you from your past.
Strategy 6: FEARs

Read and reflect on these verses:
2 Timothy 1:7
Exodus 14:10-14
Psalms 111:10

What are some of your biggest fears? Are any of these irrational fears?

Are any fears holding you back in certain areas of your life?
What lies has satan told you that keep you in fear?

Find a verse that brings comfort to you.

Write a prayer asking God to help you overcome your fears.
Strategy 7: **PURITY**

Do you ever feel your prayers are just hitting the ceiling?

How does a life of purity give our prayers more power?

What is the hardest part of living a life of purity?
Satan tempted Jesus. What do you think the 3 areas that satan tempted Jesus with represent? (bread, jumping, kingdom)

Is there an area in your life where you sense attacks from the enemy trying to tempt you?

Write a prayer asking God to help you live a pure life.
Strategy 8: PRESSURES

What “good” things in your life might not be GOD things?

Are there any pressures that leave you feeling empty?
Take a look at your agenda. Are there areas that you need to free up to grow closer to God, and allow more time for your family? Do you have scheduled time for yourself?

Are there commitments that you need to say NO to instead of YES?

Write a prayer asking for God’s help to overcome any pressure you feel in your life.
Strategy 9: HURTS

Is there pain in your life that you need to be free of?

When it comes to your life, are there areas where God is calling you to forgive?

Why is it so hard to forgive those who hurt us?
Make a list of all the hurts & un-forgiveness you have in your heart.

Write a prayer asking God to help you forgive those who have hurt you.

You will begin to heal
when you let go of past hurts, forgive those who have wronged you and learn to forgive yourself for your mistakes.
Strategy 10: RELATIONSHIPS

How has “church hurt” effected your relationships?

Read James 3:14-18. According to this verse, how does the enemy bring division in relationships?
Read Galatians 5:22-26. What are the fruits of the spirit listed?

Are there relationships in your life that you need to pray fervently to God asking for the fruits of the Holy Spirit? Write that prayer now.